

Resource Guide

Booklet 4, Page 7

Sport & Recreation Fitness Systems by Columbia Cascade



Large standard range • Custom work is welcomed

MOODIE OUTDOOR PRODUCTS IS THE EXCLUSIVE DISTRIBUTOR OF THE COLUMBIA CASCADE RANGE OF FITNESS CLUSTERS.

AVAILABLE IN THE FOLLOWING MATERIALS:

- TIMBERFORM (CYPRESS PINE)
- PIPELINE (STEEL)
- ROOCYCLE (AUSTRALIAN MADE 98% RECYCLED WOOD PLASTIC COMPOSITE)

4 DIFFERENT CLUSTERS ARE AVAILABLE TO PROVIDE FOR A LARGE VARIETY OF EXERCISES. FULL DETAILS ARE AVAILABLE AT THE MOODIE OUTDOOR PRODUCTS WEBSITE: WWW.MOODIE.COM.AU

CONTACT MOODIE OUTDOOR PRODUCTS TODAY FOR AN OBLIGATION FREE QUOTE.



40796



40196



AVAILABLE IN ROOCYCLED MATERIALS
40396, 40397, 40398, 40399



40198

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40198



40110



40116



40113

40118

40116



40106



40118



40196



40196






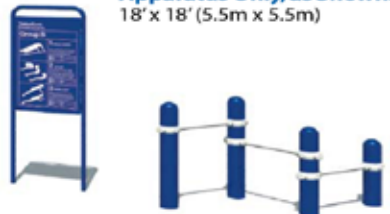




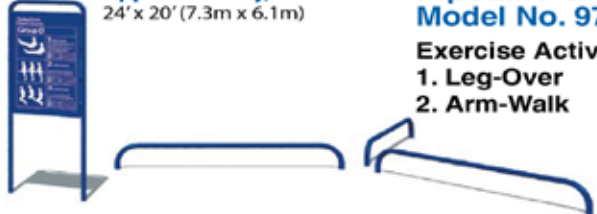
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| | | | | | | | | |
|---|---|---|--------------|--------------|--------------|--------------|-------------|----------------|
|   | <p>Apparatus Only, as Shown: 11' x 12' (3.4m x 3.7m)</p> <p>MOODIE ITEM CODE: 40796</p> | <p>PipeLine Group A Model No. 9700-A</p> <p>Exercise Activities</p> <table border="0"> <tr> <td>1. Heel-Flex</td> <td>4. Toe-Touch</td> </tr> <tr> <td>2. Toe-Reach</td> <td>5. Knee-Grip</td> </tr> <tr> <td>3. Hip-Flex</td> <td>6. Arm-Stretch</td> </tr> </table> <div data-bbox="869 884 1388 1064">  <p>Introduction/Heart Rate Sign Model No. 9700-IH This sign structure and double graphic panel is included only when the complete series (A-D) is ordered. When ordering this sign separately, specify model number 9700-IH.</p> </div> | 1. Heel-Flex | 4. Toe-Touch | 2. Toe-Reach | 5. Knee-Grip | 3. Hip-Flex | 6. Arm-Stretch |
| 1. Heel-Flex | 4. Toe-Touch | | | | | | | |
| 2. Toe-Reach | 5. Knee-Grip | | | | | | | |
| 3. Hip-Flex | 6. Arm-Stretch | | | | | | | |
|   | <p>MOODIE ITEM CODE: 40797</p> <p>Apparatus Only, as Shown: 18' x 18' (5.5m x 5.5m)</p>  | <p>PipeLine Group B Model No. 9700-B</p> <p>Exercise Activities</p> <ol style="list-style-type: none"> 1. Vault-Over 2. Sit-Up 3. Push-Off | | | | | | |
|   | <p>Apparatus Only, as Shown: 13'-6" x 11'-6" (4.1m x 3.5m)</p> <p>MOODIE ITEM CODE: 40798</p> | <p>PipeLine Group C Model No. 9700-C</p> <p>Exercise Activities</p> <ol style="list-style-type: none"> 1. Leg-Flex 2. Body-Tuck 3. Body-Pull <div data-bbox="981 1579 1388 1713"> <p>PipeLine EXCLUSIVE! PipeLine Fitness Cluster benches can be SofDek™ perforated steel or recycled plastic in lieu of timber. See page 11 for SofDek details.</p> </div> | | | | | | |
|   | <p>MOODIE ITEM CODE: 40799</p> <p>Apparatus Only, as Shown: 24' x 20' (7.3m x 6.1m)</p>  | <p>PipeLine Group D Model No. 9700-D</p> <p>Exercise Activities</p> <ol style="list-style-type: none"> 1. Leg-Over 2. Arm-Walk 3. Hop-Over | | | | | | |

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TimberForm Group A Model No. 5100-A

Exercise Activities

1. Heel-Flex
2. Toe-Reach
3. Hip-Flex
4. Toe-Touch
5. Knee-Grip
6. Arm-Stretch

Introduction/Heart Rate Sign Model No. 5100-IH

This sign structure and double graphic panel is included only when the complete series (A-D) is ordered. When ordering this sign separately, specify model number 5100-IH.

Apparatus Only, as Shown:
10'-6" x 11'-6" (3.2m x 3.5m)

MOODIE ITEM CODE:

40196



TimberForm Group B Model No. 5100-B

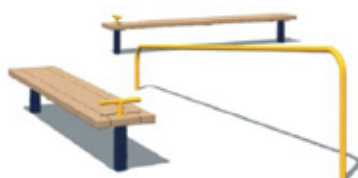
Exercise Activities

1. Vault-Over
2. Sit-Up
3. Push-Off

MOODIE ITEM CODE:

40197

Apparatus Only, as Shown:
18' x 18' (5.5m x 5.5m)



TimberForm Group C Model No. 5100-C

Exercise Activities

1. Leg-Flex
2. Body-Tuck
3. Body-Pull

Optional Post with Directional Arrow

For guiding participants to the next cluster. Specify model number 5120. Also see page 15.



Apparatus Only, as Shown:
13'-6" x 11'-6" (4.1m x 3.5m)

MOODIE ITEM CODE:

40198



TimberForm Group D Model No. 5100-D

Exercise Activities

1. Leg-Over
2. Arm-Walk
3. Hop-Over

MOODIE ITEM CODE:

40199

Apparatus Only, as Shown:
23'-6" x 20'-6" (7.2m x 6.2m)



Moodie Outdoor Products offers the TimberForm range of Fitness Clusters constructed in the Roocycle ET material. This is a Wood Plastic Composite material made of 98% recycled materials. Contact us today for a free quote. Ph: 1300 666 343